

## Autistic Strengths

**This is not to suggest that all autistic people have a savant-like super ability (as in the film Rain Man). Rather, some cognitive strengths tend to be more prevalent in the autism community. A worldwide survey of over 200 autism experts identified the following list of autistic strengths:**

- Attention to detail
- Strong sense of morality (e.g. honesty, lack of judgmental attitude, etc)
- A preference to work on repeated or monotonous tasks
- Expertise in a specific area
- Mathematical abilities
- Creative talents (e.g. look at the world differently)
- Artistic skills (e.g. music, drawing, visual arts)
- Visual perception
- Intellectual functions
- Technical abilities (computer skills, engineering)
- Trustworthiness
- Loyalty
- Kindness
- Good memory