

Group Coaching Session:



I am very much looking forward to our second group coaching session for this module.

We will explore the learning you have undertaken specifically in relation to resilience and active listening for active learning. You will have been prompted within the activities to bring certain elements to our coaching session, and we will explore these.

Introduction: Resilience

- In Term 3, Weeks 3 and 6 of this module, you complete a 'Blob Tree' – ahead of this session, download another blob tree and complete this by colouring in or circling the 'blob' that most resonates with you now.
- Bring all three blob trees with you to the session – note on each which was which week.



Part 1: Fostering a Sense of Tribe and Belonging (Term 4, Week 1) & Time to Reflect upon Successes (Term 4, Week 2)

In Term 4, Week 1, you watched a video featuring Adrian Bethune discussing wellbeing and fostering a sense of tribe and belonging.

Ensure you bring with you the 3 ideas you came up with and tried as to how to foster a sense of tribe and belonging within the children you work with.

In Week 2, you then explore opportunities for children to reflect upon successes and considered the importance of finishing the session of a good/positive note.

Bring with you the ideas you have tried in practice to share and discuss.

Part 2: Active Learning (Term 4, Week 5)

You were invited to try 3 ideas from the list below:

- Learner-centred
- Active participants
- Apply, analyse and synthesise prior knowledge.
- Personal meaning
- Increased knowledge retention
- Deeper learning experience
- Improved outcomes
- Disseminator of information > facilitator of learning
- Questioning and discussion
- Listen, think, reflect, write, problem-solve, create.
- Clarification and guidance

You were also asked:

1. How can you become more of a facilitator than a disseminator?
2. Can you plan for some problem-solving and extended discussion?
3. What might children create in order for them to be active and reflective?

Bring any notes you have as a result of trying any of these ideas to the session to discuss.

Please do come prepared for this session as the discussion will be driven by you sharing what you have tried and learned.